

Dear St. Michael Parents,

**September 2018**

Welcome to the new school year. The Parent Association is offering a hot lunch program for your children on most Thursdays during the school year. Homemade soups and various side items to accompany your child's lunch will be offered on select Tuesdays.

The Hot Lunch & Side Dish program runs from October 2, 2018 to June 6, 2019. Please submit the completed forms and cheque(s) by **Thursday, September 13, 2018**.

To complete the form, please check the items you wish to purchase and calculate the amount for the lunch. For example, if you wish to order 2 hot dogs, simply fill out the form and beside the item add X2.

|              |                          |                   |                           |                        |                     |                   |                       |                        |         |
|--------------|--------------------------|-------------------|---------------------------|------------------------|---------------------|-------------------|-----------------------|------------------------|---------|
| <b>Oct 4</b> | Grilled cheese<br>\$2.75 | Hot dog<br>\$2.75 | California roll<br>\$4.75 | Caesar salad<br>\$2.50 | Choc milk<br>\$1.50 | 2% milk<br>\$1.50 | Apple juice<br>\$1.00 | Orange juice<br>\$1.00 | Cost    |
| <b>Qty.</b>  | 1                        | 2                 |                           | 1                      |                     |                   | 1                     |                        | \$11.75 |

For the Subway orders, please choose which type of sandwich you want, tuna, veggie or ham and cheese. Then circle no mayonnaise, no lettuce, and / or no tomatoes, if you want your sandwich plain.

Please write your phone number on both the hot lunch and the hot side dish forms as different volunteers are responsible for tabulating them.

**Pay by cheque(s) only.** You can either pay for the entire year in September or give two cheques. First cheque to pay for October 2/18 to Jan 31/19 and second cheque to pay for February 5/19 to June 6/19. **Please make cheques payable to St. Michael's PA** and include your child's name on the cheque(s) if the surname on the cheque(s) does not match your child's surname.

There are 3 options for submitting the form.

- Return it directly to the Parent Association at the **"Meet the Teacher"** night on **September 13, 2018**. We can answer any of your questions at that time.
- Give it to Mrs. Bird in the school office.
- Have your child give it to his/her teacher.

**\*\*\*The first option is preferred.\*\*\***

If you wish to pay with cash for your child's order, please contact Susie Doiron 604-808-4935 or Sarah Golding 604-726-2901 to make arrangements. Please do not send cash to school with your child.

During the school year, if circumstances change and your child will be absent from school for Hot Lunch (i.e. for a family vacation), we will give you a refund if you provide us with at least 1 week's notice. This is due to the fact that our food is purchased or ordered a week ahead of time. If you wish to pick up your child's lunch or have a sibling bring home the lunch, please contact Mrs. Bird in the school office to make arrangements to do so.

Please contact Linh Selvanayagam at 778-952-6402 if you have any questions, suggestions or comments on the Thursday Hot Lunch. Please contact Rahiwa Yonathan at 604-441-0275, if you have any questions, suggestions or comments on Tuesday Side Dish.

Here is a brief description of the Hot Lunch items:

- A **Hot dog** comes with a **whole wheat bun** and the option of mustard and ketchup.
- A **Hamburger** is served with a **whole wheat bun** and the option of mustard and ketchup.
- **Grilled cheese sandwich** is served toasted golden brown. (White bread)
- **Burrito** is actually a chimichanga – chicken and Monterey Jack cheese in a tortilla (very yummy).
- **Caesar Salad** is romaine lettuce with Caesar salad dressing and croutons.
- **California roll** (8 pieces) comes with soya sauce and wasabi. If you want to try it, we purchase it from Woomi Sushi (#28 - 800 McBride Blvd, Royal Square, New Westminster 604-521-3199)

- **Pasta** is penne noodles served with homemade tomato meat sauce and parmesan cheese.
  - **Small pasta is served in a 12 oz. container. Large pasta is served in a 16 oz. container.**
  - **Green Salad** is romaine lettuce with cucumber and mix bell pepper in large pieces so it is easy to remove if your child does not like the vegetable. It comes with Ranch salad dressing on the side.
  - **Perogies** are potato and cheese Perogies served with sour cream.
  - **Pizza** is ordered from Papa John's (512A 6th Avenue New Westminster).
  - **Booster Juice** Smoothies are made with pure fruit and 100% juice with no added sugar. They are nut free. Choose from two flavors. Mango Mania (made with strawberries, mango, passion fruit and guava) or Pineapple Chill (made with pineapples, bananas and strawberries) 8 oz serving.
  - **Juices** come in a 200 ml container. The choices offered are apple and orange.
  - **Milk** comes in a 250 ml container. The choices are chocolate (25%less sugar) or 2%.
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### **Payment Options**

Please choose one of the following:

- **One cheque for full payment dated September 13, 2018**  
*(for orders from October 2/18 to June 6/19).*
- **Two cheques payments: 1st cheque dated September 13, 2018** *(for orders for October 2/18 to January 31/19* and the **2<sup>nd</sup> cheque dated February 5, 2019** *(for orders for February 5/19 to June 6/19.*

Please pay by cheque(s) made payable to St. Michael's Parent Association.

Please note that there will be a \$15.00 charge for all NSF cheques.

**\*\*\* ALL HOT LUNCH FORMS MUST BE SUBMITTED BY SEPTEMBER 13, 2018. \*\*\***

Please keep this page for your reference.

| <b>Date</b>                                 | <b>Lunch</b>   | <b>Dessert</b>                |
|---|--|-------------------------------|
| Tuesday, October 2                          | Spring Roll  |                               |
| Thursday, October 4                         | Grilled Cheese, Hot Dog, California Roll, Caesar Salad |                               |
| Thursday, October 11                        | Hamburger, Burrito, California Roll, Green Salad       |                               |
| Tuesday, October 16                         | Chicken Caesar Salad                                   |                               |
| Thursday, October 18                        | Subway   | Oatmeal Chocolate Chip Cookie |
| Thursday, October 25                        | Pasta  | Booster Juice                 |
| Tuesday, October 30                         | Baked Potato   |                               |
| Thursday, November 1                        | Pizza  | Chocolate Pudding             |
| Thursday, November 8                        | Perogies, California Roll, Carrot & Celery Sticks      | Cherry Jell-O                 |
| Thursday, November 15                       | Subway   | Oatmeal Chocolate Chip Cookie |
| Tuesday, November 20                        | Pizza Bagel  |                               |
| Thursday, November 22                       | Pizza, Green Salad                                     |                               |
| Thursday, November 29                       | Pasta  | Booster Juice                 |
| Thursday, December 6                        | Hamburger, Burrito, California Roll                    | Chocolate Pudding             |
| Tuesday, December 11                        | Spring Roll  |                               |
| Thursday, December 13                       | Pasta  | Booster Juice                 |
| Thursday, December 20                       | Pizza, Caesar Salad                                    |                               |
| <b>December 21, 2018 to January 4, 2019</b> | <b>SCHOOL CLOSED - CHRISTMAS BREAK</b>                 |                               |
| Tuesday, January 8                          | Baked Potato   |                               |
| Thursday, January 10                        | Pizza  | Oatmeal Chocolate Chip Cookie |
| Thursday, January 17                        | Pasta  | Booster Juice                 |
| Tuesday, January 22                         | Chicken Noodle Soup                                    |                               |
| Thursday, January 24                        | Subway   | Oatmeal Chocolate Chip Cookie |
| Thursday, January 31                        | Grilled Cheese, Hot Dog, California Roll               | Cherry Jell-O                 |
| Tuesday, February 5                         | Turkey Meatball Soup                                   |                               |
| Thursday, February 7                        | Pizza, Caesar Salad                                    |                               |
| <b>Thursday, February 14 &amp; 15</b>       | <b>CEC Conference - NO SCHOOL</b>                      |                               |
| Tuesday, February 19                        | Chicken Soup   |                               |
| Thursday, February 21                       | Subway   | Oatmeal Chocolate Chip Cookie |
| Thursday, February 28                       | Hamburger, Hot Dog, California Roll                    | Chocolate Pudding             |
| <b>Thursday, March 7</b>                    | <b>NO SCHOOL – 3 WAY CONFERENCE</b>                    |                               |
| Tuesday, March 12                           | Pizza Bagel  |                               |
| Thursday, March 14                          | Pizza  | Carrot & Celery Sticks        |
| <b>March 18-29</b>                          | <b>NO SCHOOL - SPRING BREAK</b>                        |                               |
| Tuesday, April 2                            | Baked Potato   |                               |
| Thursday, April 4                           | Pasta  | Booster Juice                 |
| Thursday, April 11                          | Pizza, Caesar Salad                                    |                               |
| <b>Thursday, April 18</b>                   | <b>NO HOT LUNCH – Holy Thursday Retreat</b>            |                               |
| Tuesday, April 23                           | Pizza Bagel  |                               |
| Thursday, April 25                          | Pizza, Caesar Salad                                    |                               |
| Thursday, May 2                             | Perogies, California Roll, Carrot & Celery Sticks      | Chocolate Pudding             |
| Tuesday, May 7                              | Spring Roll  |                               |
| Thursday, May 9                             | Subway   | Oatmeal Chocolate Chip Cookie |
| Thursday, May 16                            | Pasta  | Booster Juice                 |
| Thursday, May 23                            | Hamburger, Burrito, California, Green Salad            |                               |
| Tuesday, May 28                             | Baked Potato   |                               |
| Thursday, May 30                            | Pizza  | Caesar Salad                  |
| Thursday, June 6                            | Subway   | Oatmeal Chocolate Chip Cookie |
| Tuesday, June 11                            | Chicken Salad  |                               |
| <b>Thursday, June 13</b>                    | <b>FUN DAY - Hot Dog, Drink and Chips</b>              | <b>Provided by the PA</b>     |





Student's Full Name \_\_\_\_\_ Grade \_\_\_\_\_

|                |  |  |  |   |                     |                   |                           |                        |      |
|----------------|--|--|--|---|---------------------|-------------------|---------------------------|------------------------|------|
| <b>Apr 11</b>  | Cheese pizza<br>\$3.75   | Hawaiian pizza<br>\$3.75   | Pepperoni pizza<br>\$3.75  | Caesar salad<br>\$2.50                  | Choc milk<br>\$1.50 | 2% milk<br>\$1.50 | Apple juice<br>\$1.00     | Orange Juice<br>\$1.00 | Cost |
| <b>Qty.</b>    |  |  |  |   |                     |                   |                           |                        | \$   |
| <b>Apr 25</b>  | Cheese pizza<br>\$3.75   | Hawaiian pizza<br>\$3.75   | Pepperoni pizza<br>\$3.75  | Caesar salad<br>\$2.50                  | Choc milk<br>\$1.50 | 2% milk<br>\$1.50 | Apple juice<br>\$1.00     | Orange Juice<br>\$1.00 | Cost |
| <b>Qty.</b>    |  |  |  |   |                     |                   |                           |                        | \$   |
| <b>May 2</b>   | 6 Perogies<br>\$2.75   | California roll<br>\$4.75  | Carrot & Celery sticks<br>\$2.50   | Chocolate pudding<br>\$1.50             | Choc milk<br>\$1.50 | 2% milk<br>\$1.50 | Apple juice<br>\$1.00     | Orange Juice<br>\$1.00 | Cost |
| <b>Qty.</b>    |  |  |  |   |                     |                   |                           |                        | \$   |
| <b>May 9</b>   | Subway sandwich VEGGIE<br>Circle if NO Mayo<br>NO Tomato<br>\$4.75 | Subway sandwich TUNA<br>Circle if NO Mayo<br>NO Lettuce<br>NO Tomato<br>\$4.75 | Subway Sandwich HAM&CHEESE<br>Circle if NO Mayo<br>NO Lettuce<br>NO Tomato<br>\$4.75 | Oatmeal Chocolate chip cookie<br>\$1.00 | Choc milk<br>\$1.50 | 2% milk<br>\$1.50 | Apple juice<br>\$1.00     | Orange Juice<br>\$1.00 | Cost |
| <b>Qty.</b>    |  |  |  |   |                     |                   |                           |                        | \$   |
| <b>May 16</b>  | Small pasta<br>\$3.75  | Large pasta<br>\$4.75  | Mango booster juice<br>\$4.50  | Pineapple booster juice<br>\$4.50       | Choc milk<br>\$1.50 | 2% milk<br>\$1.50 | Apple juice<br>\$1.00     | Orange Juice<br>\$1.00 | Cost |
| <b>Qty.</b>    |  |  |  |   |                     |                   |                           |                        | \$   |
| <b>May 23</b>  | Hamburger<br>\$3.00  | Burrito<br>\$2.75  | California roll<br>\$4.75  | Green salad<br>\$2.50                   | Choc milk<br>\$1.50 | 2% milk<br>\$1.50 | Apple juice<br>\$1.00     | Orange Juice<br>\$1.00 | Cost |
| <b>Qty.</b>    |  |  |  |   |                     |                   |                           |                        | \$   |
| <b>May 30</b>  | Cheese pizza<br>\$3.75   | Hawaiian pizza<br>\$3.75   | Pepperoni pizza<br>\$3.75  | Caesar salad<br>\$2.50                  | Choc milk<br>\$1.50 | 2% milk<br>\$1.50 | Apple juice<br>\$1.00     | Orange Juice<br>\$1.00 | Cost |
| <b>Qty.</b>    |  |  |  |   |                     |                   |                           |                        | \$   |
| <b>June 6</b>  | Subway sandwich VEGGIE<br>Circle if NO Mayo<br>NO Tomato<br>\$4.75 | Subway sandwich TUNA<br>Circle if NO Mayo<br>NO Lettuce<br>NO Tomato<br>\$4.75 | Subway Sandwich HAM&CHEESE<br>Circle if NO Mayo<br>NO Lettuce<br>NO Tomato<br>\$4.75 | Oatmeal Chocolate chip cookie<br>\$1.00 | Choc milk<br>\$1.50 | 2% milk<br>\$1.50 | Apple juice<br>\$1.00     | Orange Juice<br>\$1.00 |      |
| <b>Qty.</b>    |  |  |  |   |                     |                   |                           |                        | \$   |
| <b>June 13</b> | <b>FUN DAY</b>   | <b>Hot Dog</b>   | <b>Drink</b>   | <b>Chips</b>                            |                     |                   | <b>Provided by the PA</b> |                        |      |

Hot Lunch Subtotal Second Half of Year \$ \_\_\_\_\_

Parent's Name \_\_\_\_\_

**Student's Name** \_\_\_\_\_

**Student's Grade** \_\_\_\_\_

Telephone Number \_\_\_\_\_

**Payment Option 1**

Hot Lunch for Full Year Total \_\_\_\_\_

Side Dish for Full Year Total \_\_\_\_\_

Total \_\_\_\_\_

Cheque # \_\_\_\_\_

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**Payment Option 2**

Hot Lunch 1st Half of Year \_\_\_\_\_

Side Dish 1st Half of Year \_\_\_\_\_

Total \_\_\_\_\_

Cheque # \_\_\_\_\_

Hot Lunch 2nd Half of Year \_\_\_\_\_

Side Dish 2nd Half of Year \_\_\_\_\_

Total \_\_\_\_\_

Cheque# \_\_\_\_\_

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***Please make cheque(s) payable to St. Michael's Parent Association.***